**Cambria County Health and Welfare Council**  
**Wednesday, August 3, 2022**

The meeting was held in a hybrid model – in-person @ PeopleOne Health (108 College Park Plaza) and virtually via zoom

**Attendance:** Katie Mullins (Peerstar LLC), Bridget Hall (Penn Highlands Community College), Kristen Villarrial (Cambria County Backpack Project), Abby Gerlach (Cambria County Backpack Project), Allie Byers (1889 Jefferson Center for Population Health), Jeff Vaughn (CAPCC), Mike Alberts (Johnstown Housing Authority), Amy Bunn (1889 Jefferson Center for Population Health), Jill Lohr (CareerLink Youth Services), Chelsey Novak (Pittsburgh Food Bank), Catherine Monk (Nulton Diagnostic and Treatment Center), Jodi Russo ( Goodwill of Southern Alleghenies - YouthBuild program), Jennifer Jones (Community Engagement for Highmark Wholecare), Helen Cannonie (Alleghenies Unlimited Care Providers), Jim Redmond (Center for Community

Resources (CCR) Cambria Reach - Mental Health Crisis Intervention in Cambria County), Nicki Sliko (The Learning Lamp), Tammy Palmgren (Highmark Wholecare), Nick Marchi (Highmark Wholecare), Dan Hockenberry (Alleghenies United Cerebral Palsy), Tammy Garrett (Penn State Nutrition Links), Renee Pettenati (Penn State Nutrition Links), Ethan Merrill (The Learning Lamp), Melody Ray (Healing Patch), Susan Pratt (PA Dept of Health), Tony Penna (Coaches 4 Kids), Barb Penna (Senior Life Johnstown), Theresa Wolf (PMSC AmeriCorps), Keelan McDonald (Greater Pittsburgh Community Food Bank), Roselyn Brandon (Greater Johnstown School District), Bethany Blososky (Crossroads), Shemariel Gray (CASA), Heidi Niebaeur (Magellan Behavioral Health)

*\*prior to meeting, PeopleOne Health provided breakfast*

**Meeting Introduction:** The meeting started at 8:34am. Bridget Hall welcomed the group to the meeting and thanks PeopleOne Health for hosting.

**Meeting Minutes:** Melody Ray made a motion to approve the June 2022 minutes. Jeff Vaugh seconded the motion. All present in favor.

**Wellness Event Update:**Katie Mullins provided updates on the “Wellness Doesn’t Have to Be Scary” event planned for **Saturday, October 22, 2022 from 10am-2pm** at the Johnstown High School.

* Event is in collaboration with the Suicide Prevention Taskforce.
* Planning committee has been meeting to plan the marketing, registration, sponsorship, etc. components of the event. *If you would like to be involved in the planning, reach out to Katie.*
* A big need is sponsorships, for things like transportation and the attendee lunch.
* If you are part of the CCHWC, you get a FREE table. We hope you’ll join us!
* Registration is due on Friday, September 9.
* A sponsorship package with information was passed around to attendees, and is also attached to this email.
* Encouraging kids to come in costume – there will be prizes! Vendors are also encouraged to bring candy or a healthy snack.
* A Facebook event has been created (<https://www.facebook.com/events/1465979280500038/>) and flyers will go out in the community in September/October. Stay tuned!

**Fiscal Report:** Michael Alberts provided the fiscal report. August’s account balance is $5,060.76. Mike noted that there are currently two sponsorships for the October 22 event.

Barb Penna made a motion to accept the treasurer’s report, seconded by Chelsey Novak. All present in favor.

**Presentation** (began at 8:40am)**:**

Presenter – Val Mignogna, PeopleOne Health Chief Operations Officer.

* Recognized by national experts as direct primary care
* Aims to “disrupt healthcare positively and provide care for all”, while “reducing the cost of health care access”
* Have multiple local offices, include Johnstown, Altoona (2), and Pittsburgh area

For more information, visit PeopleOne Health online at <https://peopleonehealth.com/>. Additional information about PeopleOne Health is also attached to this email.

**Organization Updates** (began at 9:20am)**:**  Each member gave an update on current happenings/events at their organization. The following updates where shared:

* **1889 Jefferson Center for Population Health:** Community Health Summit is Tuesday, August 9 at UPitt Johnstown to review the CHNA results.
* **Highmark Wholecare:** The Highmark Wholecare Mobile Tour will be set-up on Friday, August 5 at the Johnstown Farmers Market. If your organization would like to host a mobile tour or a pop-up health activity, please email Jennifer ([jejones@highmarkwholecare.com](mailto:jejones@highmarkwholecare.com)).
* **Greater Pittsburgh Community Food Bank:** SNAP benefits are now accepted (and traded in for tokens) at the Johnstown Farmers Market! They will have a table in Central Park at all upcoming farmer’s market days – contact Keelan for more information or with questions ([kmcdonald@pittsburghfoodbank.org](mailto:kmcdonald@pittsburghfoodbank.org)).
* **Goodwill/CareerLink:** Youth Build (GED Program) for 17-24 year old’s, Monday – Friday – work on trade while earning GED. Also teaching topics such as resume building, positive training for work environments, etc.
* **Department of Health:** Focus is “promoting a safe summer”, which focus on COVID vaccines and SDoH needs.
* **AmeriCorps:** Positions are available for Fall – if your organization needs someone, or think an AmeriCorps member would be a good fit, email Theresa ([twolf@iu08.org](mailto:twolf@iu08.org)).
* **The Learning Lamp:** September is Fetal Alcohol Awareness Month – The Learning Lamp is available to do “Lunch & Learns” – please reach out to Marlene Singer for more information or to schedule. Also, The Learning Lamp has a peer-based trauma program, which is continuing in Cambria & Somerset counties for kids K-12.
* **Cambria County Backpack Project:**CCBP is becoming its own 501c3 (wooo!) … they are also currently collecting fruit cups, email Kristin to donate ([ccbpdirector@thelearninglamp.org](mailto:ccbpdirector@thelearninglamp.org)). Also, CCBP has a “Sponsor a Child Campaign” – for $200 you can sponsor a meal for one child, all school year long. Reach out to CCBP for more information.
* **Greater Pittsburgh Community Food Bank:** COVID waivers have ended, which means that for this school year, free and reduced meals are returning – wanted everyone to be aware as it may affect children and youth being served in the county.
* **Healing Patch:** Has centers in Altoona and Ebensburg, with a mission to focus on lost to death for children & kids. Melody passed around examples of kids bereavement cards. They have an upcoming fundraiser on September 25. Reach out to Melody for more information.
* **Cambria REACH:** in process of opening a walk-in center in Johnstown by end of September. More information to come!
* **Penn State Nutrition Links:** Provides no cost education services for meal planning, grocery shopping, etc. for low-income families. Willing to travel and come to your organization!
* **SeniorLife:** noted that they are now a new partner with PeopleOne Health!
* **Coaches 4 Kids:** focuses on working with kids around sports and education, also provides meals. Currently looking for grant for new batting cage! Can your organization help out?? Contact Tony to discuss.
* **Alleghenies United Cerebral Palsy:** Having an open house on **Friday, August 19 – stop by and say hi!** Also, upcoming fundraiser in November is a Murder Mystery Dinner Party.
* **Alleghenies Unlimited Care Providers:** open positions ([https://www.alucp.org/apply/)](https://www.alucp.org/apply/)
* **PeerStar:** Community-based service – looking for employees in the rural area (phone: 1-888-733-7781; [https://www.peerstarllc.com](https://www.peerstarllc.com/))
* **CASA:** looking to recruit more volunteers – having an open house for more information on Thursday, August 25. Please reach out to Shemariel for more information.
* **Magellan Behavioral Health:** reminder that there are many family support groups/opportunities in Johnstown. Attached is a flyer about the Laurel Highlands Semicolon Project.
* **Cambria County Commissioner:** Shared news that Cambria County went from the verge of bankruptcy to superior credit. Always looking to hire new talent! HR phone number: 814-472-1610 for opportunities.

**Adjournment:** Dan Hockenberry motioned to adjourn meeting and it was seconded by Tammy Garrett. The meeting adjourned at 9:51am.

**Next Meeting:** Wednesday, September 7, 2022 at 8:30am at Alleghenies Unlimited Care Providers (119 Jari Drive, Johnstown).

**Minutes Submitted By**: Jennifer Jones